

Beat: Business

## Bako Ambianda Interview With Fran Harris

### Fran Harris and Bako Ambianda

Austin, 13.09.2015, 22:39 Time

**USPA NEWS** - Bako Ambianda interview Fran Harris at the 2015 Capital City Black Film Festival (CCBFF) which exists to provide burgeoning Black filmmakers from across the nation an opportunity to showcase their works in one of the top cities in the United States for independent filmmakers, Austin, Texas.

#### About Fran Harris

Fran Harris has spent the past 10 years building a multi-faceted celebrity brand. In 2010, she hosted HGTV's "Home Rules." A former ESPN announcer, Harris' 15 plus years as a television personality span entertainment, sports, lifestyle and business programming. In 2011 she beat out more than 15,000 applicants to become a finalist for Good Morning America's Advice Guru Contest. This past May, she appeared as a contestant on NBC's reality show, "America's Next Great Restaurant". Harris is currently developing fascinating multimedia & TV projects under the Fran Harris Entertainment banner and recently launched Athletes Who Mean Business.

A WNBA Champion, NCAA Champion, Olympic team alternate and Hall of Honor awardee at The University of Texas at Austin, Harris believes deeply in the power of reaching back and giving back. Through Fran Harris Basketball she and her coaches empower young athletes to be successful on and off the court through innovative training and mentoring programs. She's been featured on countless national TV programs and print publications. In 2012, Harris will launch YSTV.tv, an online television network dedicated to youth sports. She's an adjunct professor in advertising at her alma mater, The University of Texas at Austin, where she was recently named host of a pregame show on the newly formed Longhorn Network, a partnership between UT and ESPN.

She's the founder and publisher of Collegepreneur magazine, the world's first national personal, professional and business publication for college students. She's the founder of Black Business University and co-founder of the Black Millionaires Summit.

#### About Bako Ambianda

Bako Ambianda is an authority on the development of human potential and personal effectiveness. He is the Founder and President of Global Attain Advancement, an event production company that plans, promotes, and executes events in the area of business growth, wealth creation and personal development. He is the chairman of Bako Ambianda International, a firm that provides professional development services to individuals and corporations.

He is AFTV5 Director of Special Events, an African Television Network. He is the author of three acclaimed books "Destined To Win In the Game of Life," "Who Is In Your Ears" and "Ingredients To Uplift Your Journey." In 2014 at the age of 23, Bako was the youngest self-help author from Cameroon after publishing his first book that gave a much needed blueprint of how people can tap into their potential. Bako is a visionary and his life itself is a true testament to the power of positive thinking. What began as a young man's desire to overcome his own physical and emotional obstacles has grown into a mission to help people reach their highest potential and obtain their greatest goals.

Bako said "It's being a pump pleasing pleasure as well as a privilege interviewing Fran Harris." To learn more about the work's Fran Harris is doing. Visit [www.franharris.com](http://www.franharris.com)

To watch the video interview on YouTube. Visit: <https://www.youtube.com/watch?v=9R11T2n1W44>

The Interview was powered by AFTV5 (African Television Network) which aim to create positive impact in communities, foster change and provide a voice for diversity and expression.

**Article online:**

<https://www.uspa24.com/bericht-5279/bako-ambianda-interview-with-fran-harris.html>

**Editorial office and responsibility:**

V.i.S.d.P. & Sect. 6 MDStV (German Interstate Media Services Agreement): Bako Ambianda

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